

Polysomnographic Technician I with Clinical Externship Program Tuition Assistance Program

Since 2005 the Texas School of Sleep Medicine & Technology (TSSMT) has been accredited through the American Academy of Sleep Medicine’s Sleep Technology Educational Program (A-STEP) – an 80-hour Introductory Course to engage individuals in learning the basics of sleep technology. Additionally, it is a licensed career school in the State of Texas.

Like all educational programs, the marriage between the theoretical and the practical are necessary for the highest degree of competency. The school enjoys a close connection to Sleep Therapy & Research Center (STRC), an American Academy of Sleep Medicine (AASM) Accredited Sleep Center. TSSMT and STRC share this unified goal in achieving excellence. Because both share a common location in the South Texas Medical Center, the proximity and interactivity, allows the student to develop the skills necessary to progress in their pursuit of a career more easily.

In view of this synergistic association, the Texas School of Sleep Medicine Technology has established a consistent “starting point” for students interested in the field of Sleep Technology. Students are trained in the conductance of diagnostic and therapeutic techniques and advancing level of care for patients suffering with sleep disorders. By this partnership with STRC, the school has leveraged the necessary clinical practical training arm required for the student to become proficient in the field. Whereas, STRC has assisted the cause by accepting students in the clinical externship portion. Of greater benefit to the student, STRC helps defray the cost of tuition by participating in a tuition assistance program for the Polysomnographic Technician I with Clinical Externship Program (480 hours) offered through the school.

Typical matriculation in the Polysomnographic Technician I with Clinical Externship Program:

1. Student enrolls in the Polysomnographic Technician I with Clinical Externship Program
2. Classroom Based Portion – 80 hours of didactic and skills development.
3. After successful completion of the academic portion, the student transitions to the clinical externship (practical hands-on” experience under the direction of Certified or Registered Polysomnographic Technicians / technologists.
4. As clinical skills develop and the student becomes more comfortable with the workflow, they are expected to become more autonomous around the 5th or 6th week of the externship program. By the completion of the 400-hour practical portion, the student should be fully autonomous and should have gained the ability to care for 2 or even 3 patients being studied.

Sleep Therapy & Research Center’s tuition assistance program is geared toward the hope that the student will help defray the costs in evaluating and caring for those patients requiring an In-Lab sleep study. STRC assists the student by paying the school a portion of the tuition for the program. No monies are awarded directly to the student, either from the school or the sleep center.

How this helps the student:

1. The student gets a firm clinical foundation
2. The student pays 43% less for the advanced educational program.

Example of Tuition:

Polysomnographic Technician I with Clinical Externship Program Tuition: \$12,000
(Registration Fee not included)

	NO TUITION ASSISTANCE	WITH TUITION ASSITANCE
Student Contribution	\$12,000	\$6900
STRC Contribution	\$0.00	\$5100
Percent Student Savings	0%	42%